# Presentation of Prevention and Monitoring HAI (HIC 4/CQI 3G)

# (BASED ON FULL ACCREDIATION STANDARDS)

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#### HOSPITAL ACQUIRED INFECTION - HAI

ALSO KNOWN AS NOSOCOMIAL INFECTION

- **Nosocomial Infection**—An infection contracted by a patient or staff member while in a hospital or health care facility (and not present or incubating on admission)
- Occurs after 48 hrs of admission

#### Carriers of HAI

- Health care staff can spread infections
- Contaminated Equipment
- Bed Linens
- Air Droplets
- Hospital environment and Visitors
- Another Infected Patient
- Patients own skin Micro biota

## Surveillance of healthcare Associated Infections

- Surveillance is one of the most important components of an effective infection control programme
- It is defined as the Systematic collection, analysis, interpretation and dissemination of data about the occurrence of HCAIs in a definite patient population.

#### Infection Control Practices in Hospitals

- Functional Infection Control Team
- Individual HCW
  - Hand Hygiene
  - Wearing of Personal Protective Equipment's (PPE)
  - Vaccination
- Processes
  - Autoclaving and Sterilization
  - Washing and Disinfection
  - Environmental cleanliness
  - Isolation/barrier nursing
  - Proper Formulated Antibiotic Policy

## Hospital Infection Control Committee Responsibilities

- Formulate Infection Control Team
- Policies and Procedures Targeting areas :
  - A) High Risk areas
  - B) Reuse Policies
  - C) Safe Injection and infusion
  - D) Antibiotic Policy
  - E) Laundry and Linen Management
  - F) Kitchen Sanitation and food Handling
  - G) Engineering Controls
  - H) House Keeping Procedures
  - I) Surveillance

### HAI-Prevention — auditing tools

| No | Process                   | Measurement & Surveillance     |
|----|---------------------------|--------------------------------|
| 1  | Hand hygiene              | WHO auditing tool              |
| 2  | Vaccination               | HR- records                    |
| 3  | Sterilising               | Indicators-chemical/biological |
| 4  | Cleaning & Disinfection   | Checklist/Indicators           |
| 5  | Environmental cleanliness | Facility inspection            |

#### **HAI Statistics**

| S.No | Type of infection | Formula  | National<br>Statistics | Remarks |
|------|-------------------|--|------------------------|---------|
| 1    | CLABSI            | No of Central Line associated<br>blood stream infections in<br>month/No of Central Line days<br>in that month X 1000 | 2.79                   |         |
| 2    | VAP               | No of pneumonia in month/No of Ventilator days in that month X 1000  | 4.16                   |         |
| 3    | CAUTI             | No of Urinary Catheters in that<br>month/No of Urinary catheter<br>associated UTIS in that month X<br>1000           | 4.02                   |         |
| 4    | SSI               | No of surgical site infections in month/No of surgeries performed in that month X 1000                               | 2.00                   |         |

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# Infections that may acquired during Patient stay in Hospital

- Catheter Related Blood Stream Infection (CRBSI)
- Ventilator Associated Pneumonia (VAP)
- Catheter Associated Urinary Track Infection (CAUTI)
- Surgical Site Infection (SSI)

### Catheter Associated Urinary Tract

- Urinary Catheter Associated Infections are defined as an infection occurring 48 hours after insertion of a urinary catheter, signs and symptoms of infection (fever, pain, frequency, urgency, increased white count, etc.) and a positive urine culture of 100,000CFU/ml with no more than 2 species of bacteria.
- Commonest type of HCAIs

#### Prevention: CAUTI Bundle Check List

| S.No | Details of Check List  | Remarks |
|------|--|---------|
| 1    | Treating Consultant to review the need of Urinary Cath   |         |
| 2    | Hand Hygiene Technique should be done prior to care  |         |
| 3    | Ensure Port and connected to the drainage system and secured   |         |
| 4    | Ensure patient are aware of UTI and perform routine care   |         |
| 5    | Use antiseptic for cleaning periurethral area and catheter   |         |
| 6    | Regular emptying Urinage drainage bags before $1/3$ is full  |         |
| 7    | Drainage should be below the level of bladder and not touching floor   |         |
| 8    | Catheter & tubing's should be secured (bilateral) . After procedure remove apron and gloves perform Hand Hygiene |         |

#### Surgical Site Infections (SSI)

- Surgical site infections are defined as infections that occur within 30 days of surgery, unless an implant is inserted during the procedure then the time increases to 3 months.
- All reported SSI's are analyzed for preventability and reports are provided to the Infection Control Committee, Department of Surgery, Clinical Operations, Quality Board

# Surgical Site Infection Prevention — Pre operative Checklist

- Identify and treat all infections remote to surgical site before elective operation
- Keep Preoperative stay as short as possible
- Don't remove hair preoperatively unless it interferes with operation if it has to be removed use Electrical Clippers
- Adequate control of Blood glucose levels for Diabetic patients
- Encourage Patients to shower or bath before at least the night before operative day

### Surgical Site Infection Prevention — Intra Operative Check List

- Use an Appropriate agent for skin preparation
- Administer prophylactic antibiotic agent only when indicated within 30 mints of skin incision.
- Adhere to principle of asepsis when devices are used or administered drugs
- Sterilize all surgical instruments according to guidelines

#### Ventilator Associated Pneumonia (VAP)

• Ventilator Associated Pneumonia is defined as a lung infection occurring after a patient is placed on the ventilator. The diagnosis is confirmed by established Criteria

#### VAP Prevention- VAP Bundle Check List

- Perform Hand Hygiene Before Intubation Procedure
- Adhere to aseptic technique in the whole intubation procedure
- Use Maximum sterile barrier precaution
- Insert Endotracheal tube via oral route where there is no contraindication
- Place Patient in semi upright position between 30 to 45 degree to prevent aspiration
- Remove oral secretion before repositioning patient
- Develop a Surveillance system to study incident of VAP

#### VAP Bundle Check List

- Provide Daily oral care with Antiseptic Solution (Chlorohexidine)
- Maintain Proper Gastric Tube before feeding
- Perform Suction only when indicate using aseptic technique & use Single Use Suction Catheter
- Maintain suction pressure to avoid damaging respiratory mucosa
- Maintain Tracheal tube cuff pressure adequately to prevent leakage of secretion into lower airway
- Avoid unnecessary use of Prophylactic Antibiotics
- Avoid unnecessary use of stress Ulcer prophylaxis

#### **CRBSI** - definition

 Catheter-related bloodstream infection (CRBSI) is defined as the presence of bacteremia originating from an intravenous catheter.

## Checklist to Prevent Central Line Associated Blood stream infection

- Site selection for insertion of central line
- Maximum sterile Barrier used during insertion of CL
- Hand Hygiene Compliance
- Daily Review of Line Necessity
- Use Sterile and Transparent Dressing Gauze
- Site Cleaning with Chloroxediene with or without alcohol
- Flushing with 0.9 % Normal Saline with Pre-filled Syringe all tubing

#### Checklist to Prevent Peripheral Line Infections

- Hand Hygiene prior to insertion
- Use of IV catheter insertion kits
- Use of Chlorhexidine/alcohol skin prep
- Use of Tegaderm dressings
- IV site and tubing to be changed every 96 hours ???
- Need for continuation of IV catheter evaluated on a daily basis

### THANK YOU