Managing Behavioral Change

CAHOTECH 2024



Chris Walker

Non-clinician



27 years technology adoption

18 years EMR implementation

2 to successful digital transformation:

Trust

Purpose



Clinical Information Presentation System (CIPS)

Lab data

Problem lists

Summary data:

- Outpatient visits
- Hospitalizations
- ED visits

Transcribed reports

Preventive health prompts



Change Resistance...

...can be about a lack of involvement.

...can be about a lack of autonomy.



A frame is a perspective organized by assumptions and expectations that influences how we see the world.



frames clasn in this story?

B.J. Fogg

Motivation
 Ability
 Prompt

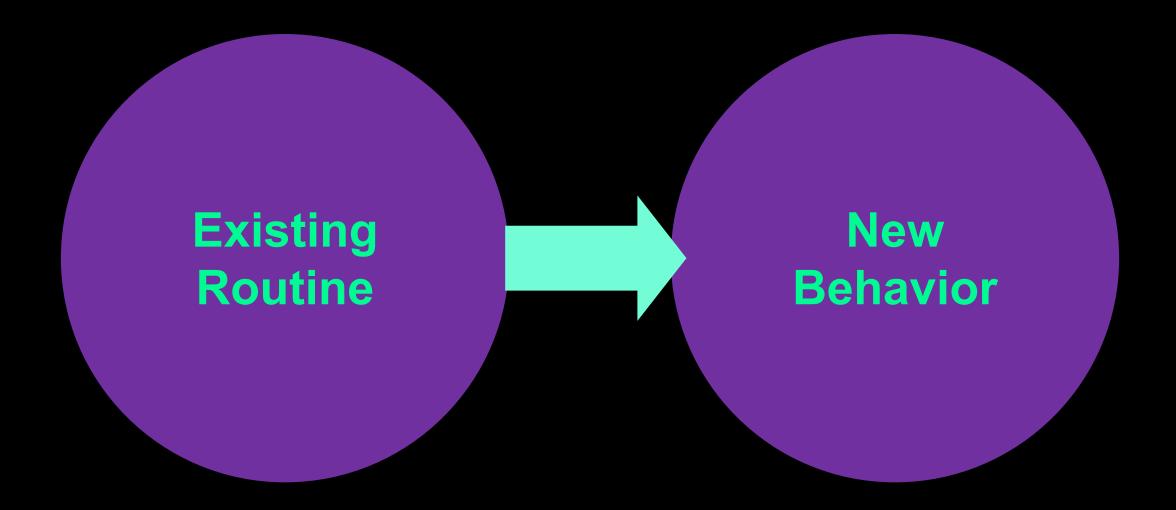




Start by focusing on ability.

Ask:

"Why is it difficult?"



Shrink the effort to make performing the target behavior easier

Why is our oose important?

Why is trust important?

A few ways to build TRUST

Allow Autonomy and Decision making

Encourage Self-Organization

Share Information Often

Build Relationships

Show Vulnerability

Key Takeaways

Don't underestimate combexity

Find Great Leaders



Embrace incidental learning!

Depressurize!

Thank you



For Further Reading

Chris Walker "The Right Way to Give Someone a Pie." LinkedIn, 1 Nov. 2018,

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Sloan, Julia. Learning to Think Strategically. Taylor & Francis, 2024.